

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>RIDGE MANOR SENIOR CENTER CALENDAR (333 Ridge St. in Emmaus) Call center manager, Rachel Cubellis @ 610-965-2171 for questions or to make a reservation.</p> <p>National Women's History Month</p>  Join the Koffee Klatch Klub every morning to socialize, enjoy coffee or hot chocolate, crackers & peanut butter! www.lehighcounty.org/Departments/Human-Services/Neighborhood-Senior-Centers				1 Dr. Seuss's Birthday 
4	5	6	7	8
12:30 International BINGO (w/prizes!) 	SENIOR CENTER CLOSED Trip to the Philadelphia Flower Show  Happy Birthday Linda! 	“My least favorite phrase in the English language is ‘I don’t care.’” James Caan Nat'l Oreo Cookie Day!! YUM! 	10:30 Exercise JOHNNY K!! 12:00- 1:30pm Come to listen, sing along or dance if you want! Why not join us for lunch, too?	The Oscars! (March 10 th)  Vote for your favorite movie!
11	12	13	14	15
Girl Scout's Birthday  111 years old! Want some G.S. cookies?? Happy Birthday Dee! 	12:30 to 1:30 Healthy Steps in Motion (exercise with instructors) 	12:30 Race to the Finish Line (w/prizes) 	10:30 Exercise Stone of the month:  Aquamarine (wisdom) Nat'l Potato Chip & Dip Day 	
18	19	20	21	22
12:30 March craft: Leprechaun flowerpot hat! 	12:30 to 1:30 Healthy Steps in Motion (exercise with instructors) 	Mr. Rogers, “Won’t you be my neighbor?” Day 	10:30 Exercise  Happy Birthday Steven! 	Daffodil Day! Flower of the month:  Daffodil (prosperity)
25	26	27	28	29
12:30 BINGO (w/prizes!) 	12:30 to 1:30 Healthy Steps in Motion (exercise with instructors) 	Zodiac sign:  Pisces (compassionate) **Activities & meals are subject to change.	10:30 Exercise Goodbye!  Hello! 	 SENIOR CENTER CLOSED Good Friday

Activities & Speakers open to everyone, whether you participate in lunch or not.

If you'd like to have lunch with us, please place your order by 10am the day before.